



CV for Hanne Bloch Gregersen

1. Underviserens fulde navn
Hanne Bloch Gregersen
2. Ansættelsesforhold og funktion
2011 - now EFT-Institute ApS CEO/Founder and shareholder. Trainer/Supervisor/Examinator. Since 2023, Hanne's focus has primarily been on the management and development aspects of running the institute. In addition, Hanne has served as a supervisor for some classes practical training in connection with training clients and exam clients.
2011 - now Psychologist HBG ApS, CEO/Private Practitioner
3. Underviserens uddannelsesmæssige baggrund Angiv uddannelsestitel, uddannelsessted og varighed for uddannelsen
Main educations 1972-1992 University of Copenhagen Master of Psychology 1977-1980 (4 years) Body and Gestalt-oriented Therapy Psychological Laboratory, University of Copenhagen by Jørgen Svava Lind Relevant long-term educations 1981-1984 (3 years) Private gestalt therapeutic education by Tony Horn 1975-1976 (1½ years) Gestalt Therapy Psychological Laboratory, University of Copenhagen by Niels Hoffmeyer and Jan Ivanouw 1974-1976 (2 years) Gestalt Therapy Relevant short-term courses 2024 Kursusdag. Subgrouping. EFT-Instituttet, København. Ved Merete Holm Brantbjerg



2023

4th isEFT-Conference i Porto, Portugal. EFT-Trainer & Leaders conference – 2 dage. International EFT-Conference - 2 dage

20?? (10 timer)

Vejledermodul Baggrund, værktøj og træning mhp. vejledning af forskningsbaserede eksamensopgaver
Dansk Psykoterapeutforenings Fakultet

20?? (50 timer)

Anvendt Forskning i Psykoterapeutisk Praksis
Dansk Psykoterapeutforenings Fakultet

January 2019.

International Society for Emotion Focused Therapy.

By Rhonda Goldman, PHD, Clinical Psychologist.

Emotion-Focused Couple Therapy (EFT-C), Level One Training

4 days (37 lessons/28 hours)

September/October 2015.

Emotion-Focused Therapy Institute.

By Leslie S. Greenberg, PhD

(see below)

Emotion-Focused Therapy Clinic.

Level Three

In Toronto

3 days (32 lessons/24 hours).

June/July 2014

Emotion-Focused Therapy Institute.

By Leslie S. Greenberg, PhD

Emotion-Focused Therapy. New Developments

In Copenhagen (At the EFT-Institute).

3 days.

April 2014.

ICEEFT

By Dr. Sue Johnson.

Externship in Emotionally Focused Couples Therapy

In Milan (Italy)

4 days (43 lessons/32 hours).

October 2010

Emotion-Focused Therapy Clinic

By Leslie S. Greenberg, PhD



Emotion-Focused Therapy
In Copenhagen (at PI)
3 days (32 lessons/24 hours)

September 2008- September 2009
Emotion Focused Couples Therapy
Emotion Focused Therapy
In Copenhagen (at PI)
7 days (66 lessons/50 hours)
Applied Psychology Institute,
Toronto, ON, Canada.
By Leslie S. Greenberg

2008
Emotion Focused Therapy Level One and Level two
2 x 4 days (80 lessons/60 hours)
Gestalt International Study
Centre, Cape Cod, USA

2004
Gestalt Therapeutic Couples and Family Therapy
Training program for trained therapists
2x 8 days (126 lessons/96 hours)
The Kempler Institute of Scandinavia

1998 (7 days)
Experiential - oriented Family Therapy
Follow-up course for trained family therapists
One week
The Kempler Institute of Scandinavia

1985 (7 days)
Experiential - oriented Family Therapy
Follow-up course for trained family therapists
The Kempler Institute of Scandinavia
Experiential - oriented Family Therapy

1980 (1/2 year)
Gestalt Therapy
Private education group by Niels Hoffmeyer & Jan Ivanouw

4. Relevant erhvervserfaring

Angiv titel, funktion og varighed for relevante ansættelsesforhold

2001-2011 (10 ½ years)



Private Psychology Practice (Psychologist HBG ApS) and Professional responsible for the 4-year Training Program at Psychotherapeutic Institute.

Psychotherapeutic treatment. Supervisor, instructor and trainer. Guidance and Examination.

Affiliated with the Institute of Gestalt Analysis as a censor.

Coordinating training. Day-to-day management functions related to professional questions and issues. Professional development of the psychotherapeutic training and education.

1999-2001 (1 year 6 months)

Psychologist at The Foster Care in Frederiksborg County

Supervision of foster families and places of residence. Therapeutic treatment of children and adolescents.

1994-1999 (5 years 8 months)

Psychologist at Copenhagen Municipality's Children's Family Counselling Centre: "Sct. Stefan's Counselling Centre"

Treatment of sexually abused children and their families, as well as children subjected to other serious acute traumatic crises and their families.

Supervision of psychologists employed in the Municipality of Copenhagen.

1993 (4 months)

Psychologist at Refugee Counselling in Aalborg.

Individual, couples and family therapy with traumatized refugees.

Supervision of home aids and case workers.

1992-1994 (3 years)

"The Psychological House in Esbjerg"

Psychological consultant

Courses for day and 24-hour care centre staff in communication, targets, action plans, parenting, staff co-operation, collegiate supervision, etc.

1990-91 (1 year)

"Psykologordningen Aalborg"

(One psychologist hired of and serving 23 day-care centres)

Supervision of the pedagogical work with children, families and of the internal conflicts in the day-care centres. Crisis therapy with staff and with parents of children.

1986-1990 (4 years)

The Foster Care in Roskilde County.

External psychological consultant and supervisor

Supervision of foster families and other professionals around the child. Individual therapy with children and adolescents.

1982-1988 (6 years)



Private psychotherapeutic practice. Part-time.
The Consultancy Group at the Kempler Institute.
Individual, couples and family therapy.
Consultancy tasks at 24-hour care centres.

5. Andre relevante forhold

Her anføres andre forhold, som efter udbyders vurdering har betydning for underviserens samlede kvalifikationer, fx publikationer, relevante tillidsposter eller andet.

Udgivelser

2011

Forfatter til undervisningsartikel om "Runder" - et gennemgående oplevelsesorienteret undervisningselement

20??

Oversættelse og lettere bearbejdede af "Emotions-Fokuseret Terapi – essens og praksis".
Uddrag fra: Elliott, R.; Watson, J.C.; Goldman, R.N. & Greenberg, L.S.: Learning Emotion-Focused Therapy. The Process-Experiential Approach to Change. The American Psychological Association, 2004, p. 3- 14.
Emotions-Fokuseret Terapi – essens og praksis **hvornår er den oversat og bearbejdet?**

20??

Medforfatter til undervisningsartiklen "Empatisk kommunikation"
Inspireret af: Krog, J.L.: Empatisk Kommunikation i oplevelsesorienteret terapi. Psykologisk Studierskriftsserie, s. 52-8. Aarhus Universitet, Vol. 4, nr. 1., 2001. Emotions Fokuseret Terapi, jf. Les Greenberg m.fl. Empatisk kommunikation **hvornår er denne skrevet?**

20??

Oversættelse og lettere bearbejdede af "Oplevelses-skalaen"
Oversat og bearbejdet tekst af Klein, M.H., Mathieu, P., Gendlin, E. & Kiesler, D.J. (1986). The Experiencing Scales: A research and training manual (Vol. 1) Madison, University of Wisconsin Extension Bureau of Audio visual instruction, 1969 (copyright 1970). **hvornår er den oversat og bearbejdet?**

20??

Oversættelse og lettere bearbejdede af "Klientens stemmekvalitet i psykoterapien":
Originaltekst: Rice, L.N., Koke, C.J., Greenberg, L.S. & Wagstaff, A.K. (1979). Manual for client vocal quality (Vols. 1 & 2). Toronto, Ontario, Canada: Counseling Development Centre, York University. **hvornår er den oversat og bearbejdet?**

20??

Fri oversættelse og sammendrag af "Elementer i den terapeutiske proces".
Originaltitel "The Therapeutic Process", p. 30—43, i :James W. Maddock and Noel R. Larson: Incestuous Families. An Ecological Approach to Understanding and Treatment. W.W. Norton & Company, New York, London, 1995. **hvornår er den oversat og bearbejdet?**

2019 - now

Member of DPFO's follow-up-group on the establishing of an integration of the evaluation of the quality of the education in psychotherapy according to the inter-ministerial quality requirements and the level assessment of the Accreditation Institute of Denmark.



2018 - now

Member of DPFO's executive committee as representative for UU

2017-2019

Member of the "quality group", set up by DPFO's executive committee to prepare a updating-proposal of the interpretation of the inter-ministerial quality requirements.

2017 - now

Member and chairman of the executive committee (UU) of FORUM (the Association of Psychotherapy Educational Institutions in DPFO)

6. Faglig kompetence

Her anføres undervisers faglige kompetence for at undervise det/de fag, som der undervises i.

Hanne Bloch Gregersen is a highly experienced psychologist and psychotherapist whose professional competencies span clinical practice, supervision, education, and leadership. With a Master of Psychology from the University of Copenhagen and over four decades of specialized training in therapies in general and emotion-focused therapies for the last 14 years, she brings exceptional depth to both individual and relational therapeutic work.

7. Pædagogisk kompetence

Her anføres undervisers pædagogiske kompetence for at undervise i undervise det/de fag, som der undervises i.

As CEO and Head of Department at the EFT-Institute ApS since 2011, she has combined clinical expertise with pedagogical leadership, designing and delivering advanced training in psychotherapy. Her work is grounded in a phenomenological and hermeneutic approach, integrating body-oriented methods and a deep understanding of emotional processes. Hanne has been a pivotal figure in developing psychotherapy education in Denmark, serving as examiner, supervisor, and committee member for quality assurance in professional training.

Her career is characterized by a commitment to high ethical standards, interdisciplinary collaboration, and translating complex theories into effective, experiential learning and therapeutic interventions. Whether in her role as therapist, trainer, or educational leader, Hanne's competencies reflect a rare combination of academic rigor, practical insight, and human sensitivity