

Prof. Dr. Rhonda Goldman

Scholarly and Professional Contributions

Published Professional Training Videos

Goldman, R. (2023). **Deliberate Practice in Psychotherapy**, APA Psychotherapy Video Series, in collaboration, Hosted by A. Vaz.

Goldman, R. (2021). **Providing Emotion-focused therapy Online**, Washington: APA Psychotherapy Video Series.

Goldman, R. (2018). **Emotion-Focused Couple Therapy**, Washington: APA Psychotherapy Video Series.

Goldman, R. (2013). **Case Formulation in Emotion-Focused Therapy: Addressing Unfinished Business**, Washington: APA Psychotherapy Video Series.

Books

Goldman, R., Vaz, A., & Rousmaniere, T. (2021). Deliberate Practice in Emotion-focused Therapy, Washington: APA Books.

Greenberg, L.S. & Goldman, R. N. (Eds.) (2019). Clinical Handbook of Emotion-Focused Therapy, Washington: APA Books.

Goldman, R. N. & Greenberg, L.S. (2015). Case formulation in Emotion-focused therapy: Co-creating clinical maps for change, Washington: APA.

Greenberg, L.S. & Goldman, R. (2008). Emotion-Focused Couples Therapy The Dynamics of Emotion, Love, and Power, Washington: APA Books.

Watson, J.C. & Goldman, R.N. & Greenberg, L. (2007). Case Studies in Emotion-Focused Treatment of Depression, Washington: APA books.

Elliott, R., Watson, J., Goldman, R., Greenberg, L. (2003). Learning Emotion-Focused Therapy: A Process-experiential approach to change, Washington: APA books.

Watson, J.C, Goldman, R.N., & Warner, M.S. (Eds.). (2002). Client-centered and Experiential Psychotherapy in the 21st Century: Advances in theory, research and practice, United Kingdom: PCCS Books.

Books in Progress (Contracted)

Elliott, R., Watson, J., Goldman, R., Greenberg, L. (2025) Learning Emotion-Focused Therapy, APA Books.

Goldman, R. & Greenberg, L. (to be submitted for review, 2025). Emotion-focused Therapy for Couples, Washington: APA Books.

Peer Reviewed Journal Articles

Sherlow-Levin, A., Shahar, B., Goldman, R., & Bar-Kalifa, E. (2024). Applying the rupture resolution rating system to emotion-focused couple therapy. *Journal of Marital and Family Therapy*. Advance online publication. <https://doi.org/10.1111/jmft.12723>

Tschan, W. & Goldman, R. (2024). Use of Emotion-focused therapy in the treatment of a case of anorexia nervosa, Person-Centered and Experiential Psychotherapies, 3, 23, 362-385.

Goldman, R. & Sharbanee, J. (2024). New Developments in Emotion-focused Therapy: Special Issue, Person-Centered and Experiential Psychotherapies, 3, 23, 275 -276.

Dailey, J., Timulak, L., Goldman, R., Greenberg, L. (2024). Capturing the Change: A Case Study Investigation of Emotional and Interactional Transformation in Emotion-Focused Therapy for Couples, Person-Centred and Experiential Psychotherapies, 23, 1, 1-19. <https://doi.org/10.1080/14779757.2023.2204480>

Goldman, R.& Goldstein, Z. (2022). Guiding task work in the context of an emotion-focused relationship, Journal of Clinical Psychology, <https://doi.org/10.1002/jclp.23472>

Monaco, E., Goldman, R., & Montoya-Castilla, I. (2022). The scientific flourishing of Emotion-Focused Therapy”: a bibliometric analysis of EFT articles in Web of Science databases, Person-Centered and Experiential Psychotherapies, 21 (3), 269-292.

Goldman, R.& Goldstein, Z. (2022). Case formulation in Emotion-focused Therapy, Journal of Clinical Psychology, 78, 3, 436-453, <https://doi.org/10.1002/jclp.23321>

Wiesel, I., Shahar, B., Goldman, R.N., & Bar-Kalifa, E. (2021). Accuracy and Bias in Vulnerability Perceptions of Partners Undergoing Emotion-Focused Therapy for Couples, Family Process, 60, 2, 377-392, [doi: 10.1111/famp.12587](https://doi.org/10.1111/famp.12587)

Fishbane, M., Goldman, R., Siegel, J. (2020). Couple Impasses: Three Therapeutic Approaches, Journal of Clinical Social Work, <https://rdcu.be/b41LA>

Goldman, R. N. (2017). The emotion-focused therapeutic relationship: Genuineness, warmth, and acceptance are not neutral: Comment on Gelso and Kanninen (2017). Journal of Psychotherapy Integration, 27(3), 350-358. <http://dx.doi.org/10.1037/int0000096>

Goldman, R.N. (2017). Introduction to Part I of the Special Issue on Emotion-focused Therapy, Person-Centered and Experiential Psychotherapies 16, 2, 87. <https://doi.org/10.1080/14779757.2017.1334420>

Goldman, R.N. (2017). Case Formulation in Emotion-Focused Therapy, Person-Centered and Experiential Psychotherapies, 16, 2, 88-105. <https://doi.org/10.1080/14779757.2017.1330705>

Goldman, R.N. (2017). Introduction to Part II of the Special Issue on Emotion-focused Therapy, Person-Centered and Experiential Psychotherapies 16, 3, 197. <https://doi.org/10.1080/14779757.2017.1334421>

Goldman, R.N. & Greenberg, L.S. (2013, February). Working with Identity and Self-Soothing in Emotion-Focused Therapy for Couples, Family Process, 52, 1, 62-82, <https://doi.org/10.1111/famp.12021>

Goldman, R. Watson, J. & Greenberg, L.S. (2011). Contrasting Two Clients in Emotion-Focused Therapy for Depression 2: The Case of Eloise: "It's like Opening the Windows and letting the fresh air come in", Pragmatic Case Studies in Psychotherapy, 7, 2, 305-338. <http://pcsp.libraries.rutgers.edu>.

Ellison, J., Greenberg, L.S., Goldman, R., & Angus, L. (2009). Maintenance of Gains following Experiential therapies for depression, Journal of Consulting and Clinical Psychology, 77, 1, 103-112.

Greenberg, L.S. & Goldman, R. (2008). The Dynamics of Emotion, Love, and Power in an Emotion-Focused Approach to Couples Therapy, Person-Centered and Experiential Psychotherapies. 7, 4, 279-293.

Angus, L., Goldman, R., Mergenthaler, E. (2008). Introduction. One case, multiple measures: An intensive case-analytic approach to understanding client change processes in evidence-based, emotion-focused therapy of depression, Psychotherapy Research, 8, (6), 529-633.

Goldman, R. & Greenberg, L.S. (2008). Integrating Love and Power in Emotion-Focused Couple Therapy, European Psychotherapy, 7, 1, 119-138.

Goldman, R., Greenberg, L. & Angus, L. (2006). The Effects

of Adding Specific Emotion-Focused Interventions to the Client-centered Relationship Conditions in the Treatment of Depression: Psychotherapy Research, 16(5); 537-549. doi:10.1080/10503300600589456

Goldman, R., Greenberg, L. & Pos, A. (2005). Depth of Emotional Experience and Outcome, Psychotherapy Research, 15, 3, 248-260.

Pos, A., Greenberg, L., Goldman, R., & Korman, L., (2003). Emotional Processing during Experiential treatment of Depression. Journal of Consulting and Clinical Psychology, 71, 6, 1007-1016.

Honos-Webb, L. Stiles, W.B., Greenberg, L.S., & Goldman, R. (1998). Assimilation Analysis of Process-Experiential Psychotherapy: A Comparison of Two Cases, Psychotherapy Research, 8, 3, 264-286.

Goldman, R. & Greenberg, L. (1995). A Process-experiential approach to case formulation, In Session: Psychotherapy in Practice, 1, 2, 35-51.

Greenberg, L., Korman, L., & Goldman, R. (1992). Emotionally Focused Therapy: A Process-facilitative approach, Clinica Psicológica, 1, 3, 21-36.

Greenberg, L., & Goldman, R. (1988). Training in experiential therapy, Journal of Consulting and Clinical Psychology, 56, 5, 696-702.

Book Chapters

Warwar, S. & Goldman, R. Emotion-Focused Therapy for Couples (2023), *Clinical Handbook of Couple Therapy*, D. Snyder & J. Lebow (Eds.), Guilford.

Goldstein, Z., Goldman, R., & Rollet, D. (2023). Emotion-focused Therapy, APA Handbook of Humanistic and Existential Psychotherapy.

Goldman, R., & Greenberg, L.S. (2022). Case formulation in Emotion-focused therapy, in Handbook of Psychotherapy Case formulation, T. Eels (Ed.), New York: Guilford.

Goldman, R.N. & Fredrickson, A. (2020). Memory Reconsolidation as a Common Change Process: Moving Toward an Integrative Model of Psychotherapy, in Neuroscience of Enduring Change: Implications for Psychotherapy, R. Lane, L. Nadel (Eds.), Oxford University Press, USA.

Goldman, R.N. (2018). Leslie Greenberg, in the Encyclopedia of Couple and Family Therapy, J. Lebow, A. Chambers, D. Breunlin (Eds.), NY: Springer international Publishing.

Goldman, R.N.& Iverson, S. (2018). Primary Maladaptive Emotions in Emotion-Focused Couple Therapy, in the Encyclopedia of Couple and Family Therapy, J. Lebow, A. Chambers, D. Breunlin (Eds.), NY: Springer International Publishing.

Goldman, R.N.& Iverson, S. (2018). Softening in Emotion-Focused Couple Therapy, in the Encyclopedia of Couple and Family Therapy, J. Lebow, A. Chambers, D. Breunlin (Eds.), NY: Springer International Publishing.

Goldman, R.N. & Wise, I. (2018). Emotion-Focused Therapy for Couples, In the Encyclopedia of Couple and Family Therapy, J. Lebow, A. Chambers, D. Breunlin (Eds.), NY: Springer International Publishing.

Goldman, R.N. & Wise, I.C. (2018). Primary Adaptive Emotions in Emotion-focused Therapy, in the Encyclopedia of Couple and Family Therapy, J. Lebow, A. Chambers, D. Breunlin (Eds.), NY: Springer International Publishing. https://doi.org/10.1007/978-3-319-15877-8_201-1

Goldman, R.N.& Wise, I.C. (2018). Secondary Reactive Emotions in Emotion-Focused Therapy, in the Encyclopedia of Couple and Family Therapy, J. Lebow, A. Chambers, D. Breunlin (Eds.), NY: Springer International Publishing.

Goldman, R. N. & Wise, I.C. (2018). Stabilization in Emotion-Focused Couple Therapy, in Encyclopedia of Couple and Family Therapy, J. Lebow, A. Chambers, D. Breunlin (Eds.), NY: Springer International Publishing.

Goldman, R.N. & Iverson, S. (2017). Emotion-Focused Therapy, The Sage Encyclopedia of Abnormal and Clinical Psychology, Vol. 1, Edited by A. Wenzel, Sage Publications, USA. <http://dx.doi.org/10.4135/9781483365817>

Goldman, R. (2016). Emotion-Focused Therapy, in D. Cain, K. Keenan, & S. Rubin, Humanistic Psychotherapies: Handbook of Research and Practice, 2nd edition, Washington: APA Books.

Goldman, R. & Watson, J.E. (2016). Emotion-Focused Therapy, In P. Wilkins (Ed.), Person-Centred and Experiential Psychotherapies, Sage: London.

Goldman, R. & Freeman, E. (2016), Psychopathology, in R. Bardgill & R. Broome (Eds.), Humanistic Contributions for Psychopathology 101: Growth, Choice, and Responsibility, Colorado: University Professors Press.

Strumpfel, U. & Goldman, R. (2014). Gestalt Therapy Process, In Psychotherapy Theories and Techniques: A Reader, Vandenbos, G., Meidenbauer, E., Frank-McNeil, J. (Eds.), Washington: APA Books.

Goldman, R., Angus, L., & Safran, J. (2010). Leslie Greenberg: Emotional Change Leads to Positive Outcome, in L. Castonguay, J.C. Muran, L. Angus, J.A. Hayes, N. Ladany, T. Anderson (Eds.), Bringing Psychotherapy Research to Life: Understanding through the work of leading clinical researchers, Washington: APA Books.

Watson, J., Goldman, R. & Greenberg, L.S. (2010). Humanistic and Experiential Theories of Psychotherapy, in J.C. Norcross, G.R. VandenBos, D.K. Freedheim (Eds.), History of Psychotherapy: Continuity and Change, 2nd Ed., Washington: APA Books.

Goldman, R. & Greenberg, L.S. (2010). Self-soothing and Other-Soothing in Emotion-Focused Couples Therapy, in A.S. Gurman (Ed). Clinical Casebook of Couples Therapy, New York: Guilford.

Greenberg, L. & Goldman, R. (2007). Case-formulation in Emotion-Focused Therapy, In T. Eels (Ed), Handbook of Psychotherapy Case Formulation. New York: Guilford.

Honos-Webb, L., Stiles, W., Greenberg, L.S., Goldman, R. (2006). An Assimilation Analysis of Psychotherapy: Responsibility for “Being There”, in C.T. Fisher (Ed.), Qualitative Research Methods for Psychologists: Introduction through Empirical Studies, Boston: Academic Press.

Goldman, R., & Greenberg, L.S. (2005). Promoting Healthy Emotion Regulation in Couples, In Emotion Regulation in Families, D. Snyder, J. Simpson, & J. Hughes (Eds.), Washington: APA Books.

Goldman, R. (2002). The Two-Chair Dialogue for Inner Conflict, In Client-centered and Experiential Psychotherapy in the 21st Century: Advances in theory, research, and practice, J. Watson, R. Goldman, M.S. Warner (Eds.), United Kingdom: PCCS Books.

Goldman, R. (2002). The Two-Chair Dialogue for Inner Conflict, in R.W. Trijsburg, S. Colijn, E. Collumbien, G. Lietaer, & H. Merkus (Eds.), Handbook of Integrative Psychotherapy, The Netherlands.

Strumpf, U. & Goldman, R. (2002). Contacting Gestalt Therapy, In D. Cain & J. Seeman (Eds.), Humanistic Psychotherapies: Handbook of Research and Practice, Washington: APA Books.

Greenberg, L., Watson, J., & Goldman, R. (1998). Process-experiential therapy of depression, In L. Greenberg, J. Watson, & G. Lietaer (Eds.), Handbook of Experiential Therapy, New York: Guilford.

Watson, J., & Goldman, R. & Vanaerschot, G. (1998). Empathic: A post-modern way of being? In L. Greenberg, J. Watson, & G. Lietaer (Eds.), Handbook of Experiential Therapy, New York: Guilford.

Goldman, R., & Greenberg, L. (1997). Case formulation in process-experiential therapy, In T. Eells (Ed.), Handbook of Case Formulation. New York: Guilford.

Greenberg, L., Watson, J., & Goldman, R. (1996). Differential change processes in Experiential therapy. In R. Hutterer, P. Schmid (Eds.), Client-Centered and Experiential Therapy: Current Developments. Vienna P. Lang Press.

Mcmain, S., Goldman, R., & Greenberg, L. (1996). Resolving unfinished business: A Programme of study, In W. Dryden (Ed.), Research in Counselling and Psychotherapy: Practical Applications, London: Sage Publications.

Requested Book Reviews

Goldman, R. (2010). Essential Research Findings in Counselling and Psychotherapy: The Facts are Friendly, Mick Cooper, Person-Centered and Experiential Psychotherapies, 9, 3, 257-259.

Goldman, R. (2008). Insight in Psychotherapy. Louis G. Castonguay and Clara E. Hill (Eds.). (2007). Washington: APA., Psychotherapy Research, 18, 3, 363- 364.

Greenberg, L. S. & Tomescu, L.R. (2016). Supervision Essentials for Emotion-Focused Therapy, Edited by H. Levenson & A. Inman, Washington, APA.

Invited book Review for Timulak, L. and Keogh, D. (2019). Transdiagnostic Emotion-focused Therapy: A Clinical Guide for Transforming Emotional Pain.

Invited Book Review for Edited by K. Critchfield and U. Kramer (Eds). Working with Emotion in Psychotherapy,

External Dissertation Examiner

Ferreira, Natalie. **Dissertation Title:** Resolving Social Inhibition during Emotion-focused Therapy for Depression: A Task Analytic Discovery, York University, January 25, 2023.

Strating, Michael. **Dissertation Title:** Working through lingering anger following interpersonal grievances: Examining mechanisms of change in rumination, reappraisal, and identification of unmet needs, University of Windsor, August 11, 2021.

Invited Book Endorsements

Snyder, D., Baucom, D., Coop Gordon, K. (2023). Getting Past the Affair: A Program to Help You Cope, Heal, and Move On – Together or Apart, 2nd edition, New York: Guilford.

Nielsen, A. (2016). A Roadmap for Couple Therapy: Integrating Systemic Psychodynamic, and Behavioral Approaches, New York: Routledge.

Wachtel, E. (2016). The Heart of Couple Therapy: Knowing What to do and How to do It, New York: Guilford.

Invited and Peer Reviewed Papers Read at Scientific Conferences and Meetings

Goldman, R. (October, 2024). Deliberate Practice in Emotion-focused therapy, invited webinar for book launch, Dutch society for Person-centered psychotherapy, Netherlands.

Goldman, R. (June, 2024). Navigating Global Challenges and Political Realities in The Therapy Room, Discussion panel presented at the Society for Psychotherapy Research, with J. Geller, B. Farber, S. Mcmain, H. Wiseman, O.Tishby, Ottawa, Canada.

Goldman, R. (June, 2024). Deliberate Practice in Emotion-focused therapy, Workshop presented at the Society for Psychotherapy Research, Ottawa, Canada.

Goldman, R. (June, 2024). Deliberate Practice in Emotion-focused therapy, webinar presented at Sentio University.

Goldman, R. (June, 2023). Working with the Body in Emotion-focused Therapy, Invited Keynote Speaker at the conference of the European Society for Psychotherapy Integration.

Goldman, R. (June, 2023). Updates on Deliberate Practice, Workshop presented at the International Society for Emotion-Focused Therapy, to be presented in Porto, Portugal.

Goldman, R. (June, 2023). 'To task or not to task?' Moment-by-moment clinical decision-making in a case of a transgender, Brazilian client, presented at the International Society for Emotion-Focused Therapy, in Porto, Portugal.

Goldman, R. (June, 2023). Closing Plenary, presented at the International Society for Emotion-Focused Therapy, presented in Porto, Portugal.

Goldman, R. (May, 2023). Invited Pre-conference Workshop: Transforming Emotional Pain with Chairwork in Emotion-focused Therapy, presented at the International Society for the Exploration of Psychotherapy Integration, Vancouver, BC.

Goldman, R. & Goldstein, Z. (May, 2023). Client experiential capacity and therapist responsive attunement, presented at the International Society for the Exploration of Psychotherapy Integration, Vancouver, BC.

Goldman, R. & Warwar, S. (2022). Emotion-focused Therapy for Couples: A Workshop, presented at the World Association of Person-centered and Experiential Psychotherapy and Counselling Conference, Copenhagen, Denmark, July, 2022.

Goldman, R. (2022). Deliberate Practice in Emotion-Focused Therapy: A Workshop, presented at the World Association of Person-centered and Experiential Psychotherapy and Counselling Conference, Copenhagen, Denmark, July, 2022.

Goldman, R., (2022). Training Therapists to Work with Emotion, Paper presented at the Society for the Exploration of Psychotherapy Integration, April.

Goldman, R. (2022). Empathy as a Common Variable across Psychotherapy, Paper presented at the Society for the Exploration of Psychotherapy Integration, April.

Goldman, R. & Woldarsky-Meneses, R. (2021). The Intricacies of Working with Emotion in Emotion-focused Therapy for Couples, Workshop presented at The Society for the Exploration of Integration conference, April.

Goldman, R. & Vaz, A. (2021). Deliberate Practice for Emotion-focused Therapy, Workshop presented at The Society for the Exploration of Integration conference, April.

Goldman, R., Raskin, J., Rockwell, D., Broome, R. (2019). Contemporary Humanistic Psychology—Phenomenology, Emotion-focused Therapy, and Credulously Teaching Abnormality, Paper on Panel presented at the American Psychological Association (APA) Conference, Chicago, August.

Goldman, R. & Woldarsky-Meneses, C. (2019). Working with Identity, self-soothing, and forgiveness in Emotion-Focused Therapy for Couples, Workshop presented at International Society for the Exploration of Psychotherapy integration meeting (SEPI), Lisbon, Portugal.

Fredrick-Keniston and Goldman, R. (2019). Memory Reconsolidation and Emotional Processing: An Explorative Study of Psychotherapy Models, Paper on Panel with R. Lane and L. Angus, International Society for the Exploration of Psychotherapy integration meeting (SEPI), Lisbon, Portugal.

Goldman, R. (2019). Remembering Jeremy Safran, Invited Paper on Plenary, International Society for the Exploration of Psychotherapy Integration meeting (SEPI), Lisbon, Portugal.

Goldman, R. (2019). Case Formulation in Emotion-focused Therapy, Paper On Panel, with U. Kramer and K. Critchfield, International Society for the Exploration of Psychotherapy Integration meeting (SEPI), Lisbon, Portugal.

Goldman, R. (2018). Invited Keynote Address: Corrective Emotional Experience in Emotion-focused Therapy, International Society for Schema-Focused Therapy, Amsterdam, Netherlands.

Goldman, R. (April, 2018). Invited Distinguished Speaker Series, Santa Clara University: Emotion-focused couples therapy.

Goldman, R. (April, 2018). Invited Distinguished Speaker Series, Santa Clara University: Case formulation in Emotion-focused therapy.

Goldman, R. (June, 2018). Using chair work in emotion-focused therapy to resolve inner conflict, integrate different aspects of self and work through unfinished business, symposium presented (with J. Lamanga & S. Iwakabe) at the Society for the Exploration of Psychotherapy Integration, New York, NY.

Goldman, R. (June, 2018). Emotion-focused Couple Therapy, symposium presented (with M. Fishbane, J. Siegel & A. Nielsen) at the Society for the Exploration of Psychotherapy Integration, New York, NY.

Goldman, R. (2017, September). Emotional Arousal and Memory Reconsolidation: Common Change Processes? A look from an Integrative Psychotherapy Perspective, Paper presented at the Neuroscience of Enduring Change Conference, Tucson, Arizona.

Goldman, R. (2017, June). Corrective Emotional Experiences in Emotion-focused Therapy: Working with Underlying Vulnerability, Paper presented on panel (with L. Greenberg, J. Watson, L. Auszra, S. Warwar), Interpersonal Processes in Emotion-focused Therapy, International Society for Emotion Focused Therapy, Bi-Annual Meeting, Toronto, Canada.

Goldman, R. (2017, June). Case Formulation in Emotion-Focused Therapy, Workshop presented at the Society for Psychotherapy Research, Toronto, Ontario.

Goldman, R. (2017, May). Clinical Decision-Making in Emotion-Focused Therapy, Paper presented at the Society for the Exploration of Psychotherapy Integration, Denver, Colorado.

Goldman, R. (2017, May). Balancing Leading and Following in Emotion Focused Therapy, Paper presented at the Society for the Exploration of Psychotherapy Integration, Denver, Colorado

Goldman, R. (2016, November). Painting By Numbers to Coming off the Rails, Discussion Group with A. Mansfield, G. Keitner, A. Bohart, J. Shapiro, T. Patterson, North American Society for Psychotherapy Research Conference, Berkeley, California.

Goldman, R. (2016, June). Working with Emotion in AEDP and EFT Couples Therapy: Commonalities and Differences, panel with D. Mars & S. Iwakabe. Society for Psychotherapy Integration Conference Dublin, Ireland.

Goldman, R. (2016, June). Assimilative Family Therapy Discussion Group, With P. Pitta, S. Messer, & J. Boswell, Society for Psychotherapy Integration Conference, Dublin, Ireland.

Goldman, R. (2016, June). Evidence that Emotional Arousal is Critical to Psychotherapy Success, Panel with R. Lane & L. Nadel, Society for Psychotherapy Integration Conference, Dublin, Ireland.

Goldman, R. Veach, E., & Todd, C. (2016, June). Tenderness in Emotion Focused Couples Therapy, Paper on Panel, International Society for Psychotherapy Research, Jerusalem, Israel.

Goldman, R. (2015, June). Emotion-Focused Therapy: All Roads Lead to Integration, Presidential Address, Society for the Exploration of Psychotherapy integration, Baltimore, Washington.

Goldman, R. & Zurawic, A. (2014, June). Self-soothing in Emotion-Focused Therapy for Adults and Couples, Society for Psychotherapy Research, Copenhagen, Denmark.

Goldman, R. (2013, June). Case Formulation in Emotion-Focused Therapy, Paper presented on Plenary Panel, Society for Exploration of Psychotherapy Integration, June, Barcelona, Spain.

Goldman, R. (2012, July). Self-soothing in Emotion-Focused Therapy, World Association of Client-centered and Experiential Psychotherapy, Antwerp, Belgium.

Goldman, R. (2012, July). Three Approaches to Psychotherapy: A Comparison, World Association of Client-centered and Experiential Psychotherapy, Antwerp, Belgium.

Goldman, R. (2012, June). Invited Discussant on Panel, Exploring the impact of individual differences on the change process during experiential treatment of depression, Society for Psychotherapy Research, Virginia Beach, VA, USA.

Goldman, R. (2012, June). Invited Discussant on Panel, Transforming core painful emotion in Emotion-Focused Therapy for depression and anxiety difficulties, Society for Psychotherapy Research, Virginia Beach, VA, USA.

Goldman, R., (2012, May). Working with Emotion in AEDP and EFT: Commonalities and differences, Invited discussant on Panel, Society for Exploration of Psychotherapy Integration, Evanston, IL, USA.

Goldman, R., (2011, May). Emotion Episodes in the Case of Lisa: The Therapist's View, Paper presented at Society for Exploration of Psychotherapy Integration, Washington, DC, USA.

Goldman, R. (2011). Supervision in Emotion-focused Therapy, Invited Paper on Panel, American Psychological Association, Seasoned supervisors with L. Brown, M. Goldfried, C. Newman, N. Kaslow, H. Levenson.

Fisher, M. & Goldman, R. (2011, July). A Task Analytic Model of using Adaptive Anger to Resolve Problems in Emotion-Focused Couples Therapy, Paper presented at Society for Psychotherapy Research, Bern, Switzerland.

Goldman, R., Ellison, J., Greenberg, L.S., Angus, L. (2010, August). Experiential Psychotherapy for Depression: Effects of Client-centered and Emotion-Focused Therapy, Paper presented at American Psychological Association, San Diego, California.

Goldman, R., Tschan, W., Dollhanty, J., & Greenberg, L. (2010, June). The Case of Patricia: A Task Analysis of the self-critic dialogue in a Emotion-Focused Therapy for Anorexia Nervosa. Paper presented at the Society for Psychotherapy Integration, Carmel, California.

Goldman, R., Fox, A. (2010, May). Self-soothing in Emotion-Focused Therapy, Paper presented at Society for Exploration of Psychotherapy Integration, Florence, Italy.

Armstrong, C., Fitzpatrick, M., Greenberg, L. S., & Goldman, R. (2009, June) Emotional arousal and speech prosody: A case study. In M. Fitzpatrick (Chair), Client emotion and vocal qualities in psychotherapy. Symposium conducted at the Canadian Psychological Association's Annual Convention, Montreal, Canada.

Goldman, R. (2009, October). Case Formulation in Emotion-Focused Therapy, Paper, presented at Society for Humanistic Psychology, Colorado Springs, Colorado.

Tschan, W. & Goldman, R. (2009, October). An Intensive Case Study of Emotion-Focused Therapy for Anorexia Nervosa, Paper presented at Society for Humanistic Psychology, Colorado Springs, Colorado.

Goldman, R. (2008, July). A successful and unsuccessful case of EFT for Depression: the cases of Nicole and Hilary, Paper presented at World Association for Client-Centered and Experiential Psychotherapy, Norwich, England.

Goldman, R. (2008, June). A successful and unsuccessful case of EFT for Depression: the cases of Nicole and Hilary, Paper presented at Society for Psychotherapy Research, Barcelona, Spain.

Goldman, R. & Keating, E. (2007, August). Processing Shame and Vulnerability in Emotionally-Focused Therapy, Paper presented at 1st Annual Conference of Division of Humanistic Psychology, San Francisco, USA.

Goldman, R. (2007, June). Case Study of an Unsuccessful Case of Emotion-Focused Therapy for Depression: the case of Hilary, Paper presented at Society for Psychotherapy Research, Madison, Wisconsin.

Goldman, R. & Fox, A. (2010, May). Self-soothing in Emotion-focused Therapy: Findings from a task-analysis, Paper presented at Society for Exploration of Psychotherapy Integration, Florence, Italy.

Goldman, R., Forbes, J., Chelminski, S., Greenberg, L. (2004, June). The Therapist's Perspective on Case 306 and an Analysis of Change in Emotion Episodes across the case, Paper presented at Society for Psychotherapy Research, Rome, Italy.

Goldman, R., Tschan, W., Dollhanty, J., Greenberg, L.S. (2010, June). An Intensive Case Study of Emotion-Focused Therapy for Anorexia-Nervosa, Paper presented at Society for Psychotherapy Research, Asilomar, CA.

Goldman, R. & Tschan, W. (2009, May). An Intensive Case Study of Emotion-Focused Therapy for Anorexia Nervosa, Paper presented at the Society for Exploration of Psychotherapy Integration, Seattle, Washington.

Tschan, W. & Goldman, R. (2009, October). An Intensive Case Study of Emotion-Focused Therapy for Anorexia Nervosa, Paper presented at Society for Humanistic Psychology, Colorado Springs, Colorado.

Goldman, R. (2004, February). Promoting Healthy Emotional Expression and Emotion Regulation in Couples, Paper presented at Emotion Regulation in Families Conference, Texas A & M University, College Station, TX.

Keating, E., & Goldman, R. (2003, July). Processing Shame and Vulnerability in Experiential Therapy, Paper presented at World Congress of Person-Centered and Experiential Therapy, Egmond Aan Zee, Holland.

Goldman, R. & Greenberg, L. (2003, July). Intensive Analysis of Change in a Single Case of Emotionally-Focused Therapy for Depression, Paper presented at World Congress of Person-Centered and Experiential Therapy, Egmond Aan Zee, Holland.

Goldman, R. & Cornejo, C. (2001, November). Intensive Analysis of Change in Single Cases of Emotionally-Focused Therapy for Depression, Paper presented on Panel, Society for Psychotherapy Research, Puerto Vallarta, Mexico.

Goldman, R. & Greenberg, L. (2001, November). Experiential Processes and Psychotherapy Outcome, Paper presented on panel, Society for Psychotherapy Research, Puerto Vallarta, Mexico.

Goldman, R. (October, 2001). Using Empathy to Facilitate Emotion in Individual and Couples Psychotherapy, Presentation at the Family Institute at Northwestern University, Evanston, IL.

Goldman, R. (2000, June). Tracing the Development of Gestalt methods through Process-experiential Therapy, Paper presented on panel, International Client-centered and Experiential Psychotherapy meeting, Chicago, Illinois.

Goldman, R, Greenberg, L., & Angus, L. (2000, June). Results of the York II Comparative Study Testing the Effects of Process-experiential and Client-centered Therapy for Depression, Paper presented on panel, Society for Psychotherapy Research, Chicago, Illinois.

Goldman, R. (July, 1999). Enhancing Emotional Experiencing with Therapist Empathy, Presentation at Consciousness Studies Summer Institute Facilitating Emotional Awareness, Fetzer Institute, Kalamazoo, Michigan.

Goldman, R., Greenberg, L., & Angus, L. (1999, June). Initial results from the York II Comparative Study on Experiential Therapy of Depression, Paper presented on panel, Society for Psychotherapy Research, Braga, Portugal.

Goldman, R. (1998, June). Differential emotional change processes in experiential therapy of depression, Poster presented at the Society for Psychotherapy Research meeting, Snowbird, Utah.

Goldman, R. (1997, July). Theme-related Depth of experiencing and Change in Experiential Psychotherapy with Depressed Clients, Presentation at the University of Braga at Minho, Portugal.

Goldman, R. (1997, July). Using the Experiencing Scale in Psychotherapy Research, Workshop given at University of Braga at Minho, Portugal.

Goldman, R. (1997, April). Experiencing as an integrative variable in psychotherapy, Paper presented on panel, Society for the Exploration of Psychotherapy Integration, Toronto, Canada.

Goldman, R., Bierman, R., & Wolfus, B. (1996, June). Comparison of two types of group treatment with incarcerated male batterers, Poster presented at the Society for Psychotherapy Research meeting, Florida, U.S. A.

Goldman, R., & Greenberg, L. (1995, June). Results of a Process-Outcome Study for the York University Depression Project, Paper presented on panel, Society for Psychotherapy Research, Vancouver, B.C.

Goldman, R., & Greenberg, L. (1994, September). The Relationship Between Depth of Experiencing and Outcome in Depressed Clients, Paper presented on panel, International Conference for Client-Centered and Experiential Psychotherapy, Gmunden, Austria.

Goldman, R., & Greenberg, L. (1993, June). Preliminary Results of a Process-Outcome Study for the York University Psychotherapy Depression Study, Society for Psychotherapy Research, Pittsburgh, PA.

Goldman, R., & Greenberg, L. (1991, April). The Validation of the Experiential Therapy Adherence Measure, Paper presented on panel, Society for the Exploration of Psychotherapy Integration, San Diego, CA.

Goldman, R., & Greenberg, L. (1991, February). The Validation of the Experiential Therapy Adherence Measure, Paper presented on panel, Society for Psychotherapy Research, Florida.

Goldman, R., & Greenberg, L. (1989, April). Comparison of three psychotherapy adherence measures, Convergence or Divergence: Similarities and Differences in Three Forms of Psychotherapy. Paper presented at the Society for the Exploration of Psychotherapy Integration, Philadelphia.

Invited Podcast Interviews

Lou Cooper, The Emotion-focused Podcast, "I'm so hard on myself" (#19)

Lou Cooper, The Emotion-focused Podcast, "The Trouble with Love" (#13).

Bradley Schumacher, Master's in Psychology Podcast #22: Rhonda Goldman, PhD, Professor, Psychologist and Emotion-focused Therapy (EFT) Expert

Dissertations (Clinical Research Projects) Supervised

John Scheffler 2000. The Working Alliance in Client-centered and Process-experiential therapy of Depression.

Ramsey Khasho, 2001, An Analysis of the Process of Change In a Single Psychotherapy Case.

Cynthia Cornejo, 2002, An Intensive Analysis of the Process of Change in a Single Psychotherapy Case.

Julie Hoepfner, 2002, An Analysis of Emotional Change Patterns Across Therapy using a single case study.

Joanne Delcielo, 2002, An Analysis of the Emotional Processing of Depressed Women within Process-experiential and Client-centered Psychotherapy.

Patrick Gordon, 2003, A Quantitative and Qualitative Analysis of Patterns of Emotional Change Across Therapy in a Single Case.

Gail Chorzempa, 2003, Emotional Change in a Single Case Using Process-experiential therapy

Ellen Keating, 2004, Processing Shame and Vulnerability: a Rational-Empirical Study.

Kimberly Szatkiewicz, 2004, The Meaning of Life is that it is to be lived. An Analysis of Episodes of Emotion During Treatment of Depression Using a Hermeneutic Single-Case Efficacy Design.

Kara Britzman, 2004, Emotion and the Change Process: An Intensive Analysis of a Rich Case Record.

Mary Kay Polak, 2005, Activating Emotion to Initiate Change: An Analysis of Emotion Episodes and Treatment Outcome in a Single Psychotherapy Case.

Sarah Dier, 2009, Interpersonal Conflict and children's emotion regulation: an integrated model

Laura Schwinn, 2009, The relationship between relationship development intervention and core deficits in autism

Whitney Tschan, 2010, Use of emotion-focused therapy in the treatment of a case of anorexia nervosa

Rachel Miller, 2012, Examining the benefits of emotional awareness training.

Martin Fisher, 2012, A task analytic model for the resolution of anger in emotion-focused couples therapy

Amy Zurawic, 2014, Self-soothing in emotion-focused therapy: a task analysis.

Jodi Fourn, 2014, Working with women's anger; validation of a model for adaptive anger expression in Emotion-focused couples therapy.

Eve Lueker, 2014, An investigation of the effects of process-oriented teaching on student's development of compassion and emotional processing.

Victoriya Kogan, 2014, A model of adaptive and maladaptive fear expression in emotion-focused couples therapy.

Bryan Kolitz, 2015, Toward an Integrative model of resolving self-criticism across psychotherapeutic approaches

Laura Shortridge, 2016, A task analytic examination of adaptive and maladaptive shame expression in emotion-focused couples therapy.

Erica Veach, 2017, A Task Analytic Model of Tenderness in Emotion-focused couples therapy: relating process to outcome.

Emily Frey, 2017, Self-soothing in Emotion-focused Therapy: validation of a task analysis

Shannon Iverson, 2018, Sadness in Emotion-focused couples therapy: models of emotional change.

Mariya Nestorova Gyorev, 2019, The Interaction and Impact of Emotional Arousal and Memory Reconsolidation on Successful and Unsuccessful Treatment Outcome in Emotion-Focused Therapy

Alyssa Fredrick Keniston, 2020, Memory Reconsolidation and Emotional Arousal: An Exploratory Study Across Emotion-focused therapy and Accelerated Experiential Psychodynamic Therapy.

Chelsie Wallen, 2021, Case formulation in Emotion-Focused Therapy for Couples.

Bethany Rosner, 2021, Self-disclosure in Acceptance and Commitment Therapy and Emotion-focused Therapy.