



CV for Prof. Dr. Rhonda Goldman

1. Underviserens fulde navn
Prof. Dr. Rhonda Goldman, PhD, MA (Clinical/Counselling Psychology)
2. Ansættelsesforhold og funktion
2025 - nu EFT-instituttet: Underviser på Psykoterapeutuddannelsens Overbygning: Underviser på følgende moduler: Den terapeutiske relation og proces Case-formulering og terapeutisk træning
3. Underviserens uddannelsesmæssige baggrund
Angiv uddannelsestitel, uddannelsessted og varighed for uddannelsen 1991 -1997 Ph.D. Clinical/Counselling Psychology York University, Toronto, Ontario, Canada Dissertation: "The Relationship Between Change in Theme-related Depth of Experiencing and Outcome in Experiential Therapy with Depressed Clients." 1988 –1991 Master of Arts, Clinical/Counselling Psychology York University, Toronto, Ontario, Canada Thesis: "The Validation of the Experiential Therapy Adherence Measure."
4. Relevant erhvervserfaring
Angiv titel, funktion og varighed for relevante ansættelsesforhold May 2019 - present Full Professor, Clinical Psychology The Chicago School September 1996 – March 2019 Professor, Clinical Psychology Illinois School of Professional Psychology - Argosy University Full-time lecturing; clinical supervision, research and dissertation supervision, student mentoring and advisement, administrative duties. 2008 - present Co-founder and Master Trainer, International Society of Emotion-Focused Therapy, (emotionfocusedtherapyinstitute.com) (iseft.org) Emotion-Focused Therapy Training Workshops, Individuals and Couples Levels I, II, & III. Conduct 2 to 4-day psychotherapy trainings for psychologists, psychiatrists, and social workers in US, Canada, France, Switzerland, Holland, Germany, Ireland, Denmark, Norway, Portugal, China, Singapore, Japan.



2019 - present

Psychotherapy Practice, Emotion-Focused Therapy, Chicago

October 2001 – 2019

Psychotherapist, The Family Institute at Northwestern University

Individual and Couples Psychotherapy

1999 –2001

Psychotherapist, Private Practice

Individual, Group and Couples Psychotherapy.

1998-1999

Clinical Research Director

York University Psychotherapy Research Clinic

Project Director, Psychotherapy, and Diagnostic Assessment; Coordinated research study testing the effects of two types of therapy for depression with a sample of 40 clients. Client recruitment, co-supervised assessment and psychotherapy, managed personnel, conducted data management and analysis.

1997-1998

Psychotherapist, Center for Divorce Recovery, Northbrook, Illinois

Individual and Group Psychotherapist

1992-1996

Research Assistant and Psychotherapist, York University Psychotherapy Research Clinic

Psychotherapy, Diagnostic Assessment, Administrative research duties, coding, statistical analysis.

5. Andre relevante forhold

Her anføres andre forhold, som efter udbyders vurdering har betydning for underviserens samlede kvalifikationer, fx publikationer, relevante tillidsposter eller andet samt artikler, podcast, foredrag

Rhonda Goldman, PhD, is one of the primary co-developers of Emotion-Focused Therapy (EFT) for individuals and couples. She is a Professor at the Chicago School in Chicago. She also runs the Emotion-Focused Therapy Institute in Chicago. She is actively involved with research, development, practice, and training in EFT.

She has co-authored seven texts on Emotion-Focused Therapy (EFT), including *Learning Emotion Focused Therapy* (2025, 2004) *Deliberate Practice in Emotion-focused therapy* (2021), the *Clinical Handbook of Emotion-focused Therapy* (2019), *Case Formulation in Emotion-focused Therapy* (2015), *Emotion-focused Couples Therapy* (2008), *Case Studies in Emotion-focused Therapy* (2007). She has written many journal articles and book chapters on empathy, vulnerability, depression, and emotion.

She is a founding board member of the International Society of Emotion-focused Therapy (ISEFT). She is a past editor of the journal *Person-Centered and Experiential Psychotherapies*. Dr. Goldman has traveled extensively, teaching and training in Emotion-focused therapy for both couples and individuals, having trained people in China, Singapore, Hong Kong, Japan, S.Korea, Spain, Portugal, France, Belgium, Holland, Ireland, Germany, Switzerland, Denmark, Norway, Poland, United States, Canada, Ecuador, and Brazil.



Dr. Goldman conducts research on therapist processes such as skills training, and the wounded healer. She also conducts research in Emotion-focused therapy for couples, investigating emotional processes such as shame and tenderness in that context.

Other Academic Activities

- Book Chapters and Reviews: Author and co-author of numerous book chapters in leading handbooks and encyclopedias of psychotherapy, as well as invited reviewer of key scholarly texts.
- External Dissertation Examiner: Served as external examiner for doctoral dissertations at institutions such as York University and the University of Windsor, assessing advanced clinical research projects.
- Dissertation Supervision: Supervised more than 20 doctoral dissertations and clinical research projects addressing topics such as adaptive anger expression, shame regulation, self-soothing, tenderness, and emotional processing in Emotion-Focused Therapy.
- Invited and Peer-Reviewed Conference Presentations: Regularly invited as keynote speaker, panel discussant, and workshop leader at major international conferences, including the American Psychological Association, the Society for Psychotherapy Research, the Society for the Exploration of Psychotherapy Integration, and the International Society for Emotion-Focused Therapy. Her presentations have addressed themes such as case formulation, corrective emotional experiences, empathy, memory reconsolidation, and innovative task-analytic models in psychotherapy.
- Community Engagement: Delivered community seminars on Emotion-Focused Couples Therapy at Illinois Masonic Advocate Health, Community Mental Health Center.
- Endorsements and Editorial Work: Provided invited endorsements for significant psychotherapy texts and served on editorial boards, including as Associate Editor for Person-Centered and Experiential Psychotherapies and reviewer for journals such as Journal of Psychotherapy Research and Journal of Clinical Psychology

List of Scholarly and Professional Contributions

<https://eft-instituttet.dk/medarbejdere/dr-rhonda-n-goldman/>

6. Faglig kompetence

Her anføres undervisers faglige kompetence for at undervise det/de fag, som der undervises i.

Professor Rhonda Goldman is a licensed clinical psychologist and internationally recognized expert in Emotion-Focused Therapy (EFT). With extensive experience in clinical practice, research, and academic teaching, she brings deep expertise in psychotherapy for individuals and couples. She has authored numerous books and articles, developed training programs, and delivered workshops worldwide, ensuring that her teaching is grounded in both rigorous scholarship and extensive clinical application

7. Pædagogisk kompetence

Her anføres undervisers pædagogiske kompetence for at undervise i undervise det/de fag, som der undervises i.

Professor Rhonda Goldman has extensive pedagogical expertise gained through decades of university teaching, clinical supervision, and international training workshops. She is skilled at translating complex therapeutic concepts into accessible, experiential learning, and has guided numerous doctoral students and practitioners in developing advanced clinical and research competencies.